

Mental Health First Aid Guide for Chartered Accountants

Disclaimer

This guide has been authored and provided by Mental Health First Aid Australia (MHFAA) as a tool to assist members of Chartered Accountants Australia and New Zealand (CA ANZ) to understand the signs and effects of mental illness, and to interact with and support clients suffering from a mental illness.

The information in the guide has not been provided or validated by CA ANZ. No warranty is given as to the correctness of the information contained in the guide, or of its suitability for use by you. To the fullest extent permitted by law, CA ANZ is not liable for any statement or opinion, or for any error or omission contained in the guide and disclaims all warranties with regard to the information contained in it, including, without limitation, all implied warranties of merchantability and fitness for a particular purpose. CA ANZ is not liable for any direct, indirect, special or consequential losses or damages of any kind, or loss of profit, loss or corruption of data, business interruption or indirect costs, arising out of or in connection with the use of this publication or the information contained in it, whether such loss or damage arises in contract, negligence, tort, under statute, or otherwise.

The guide is not intended to enable members to diagnose or treat mental illness. Members should encourage their clients who may have a mental illness to seek support or treatment from appropriately qualified mental health professionals. Members may find out more about MHFAA at the following link mhfa.com.au. Further information on mental health is available at the following links: mentalhealth.org.nz, depression.org.nz and dairynz.co.nz/people/wellbeing